SMOOTHIES

TROPICOOL (VGN) (GF) - 9.5
Mango / pineapple / strawberries / lemon sorbet / lime / coconut water

BANOFFIE - 9.5 (VGA)
Banana / Biscoff / dates / icecream / coconut milk

BOMB (VGA) (GF) - 10
Protein powder / peanut butter / honey / banana / almond milk **+ coffee 1**

DETOXER (VGN) (GF) - 9.5
Spinach / mango / banana / maple / coconut water
+ protein 2

MIGHTY MANGO 9.5 (VGA) (GF)
Mango / banana / ice cream / passionfruit / coconut milk

FROM THE BARISTA

BISCOFF TODDY (VGN) - 6/7
Biscoff spread blended with your choice of milk

MATCHA (VGN) - 6/7
Green tea powder with a little sweetness
Can be made over ice too!

ICED STRAWBERRY MATCHA (VGN) (GF) - 8
Iced matcha with our housemade strawberry puree

TEA POT (LOOSE LEAF) - 6
Lemongrass ginger / Chai / Green / Peppermint
English Breakfast / Earl Grey

Usual suspects for coffees / chai / hot chocs in cups or mugs

Milk alternatives + 1

COLD PRESSED JUICE ON TAP - 9

FRUIT TINGLE
Orange / apple / strawberry / lime

ROOTS & FRUITS
Beetroot / ginger / lemon / carrot / apple

COLD PRESS BY THE BOTTLE - 9

- **JUST ORANGE**
- **JUST STRAWBERRY & APPLE**
- **GREEN**
  Apple / Celery / Lemon / Kale / Spinach

FROM THE MILK BAR

HOMEMADE ICED COFFEE, CHOCOLATE or MOCHA
with cream & icecream **8**

MILKSHAKES 8 or THICKSHAKES 10
Chocolate, Strawberry, Vanilla, Caramel, Lime
+1 Nutella +1 Biscoff +1 Peanut butter +1 Milo

Vegan Icecream + 2 ***Milk Alternatives + 1***

Cold Foam - 9.50

CINNAMON SCROLL (GF)
On your choice of iced
latte / long black / chocolate / mocha / Biscoff / chai
your choice of milk

Celebrating?

H. Lanvin & Fils Champagne - France - **90**

WINE

Hugo Sparkling White **(V) 11 / 40**
Andrew Garrett Sparkling Red Piccolo **12**
Nepenthe Sauvignon Blanc **(V) 11 / 40**
Nepenthe Pinot Gris **(V) 11 / 40**
Hugo Rose **(V) 11 / 40**
House Red, ask staff **10 / 39**

BEERS ETC

Swell Mid-Strength (midi) (VG) **8**
South Coast Session Ale (V) **10**
South Coast Porties Pale (V) **10**
Swell Lager (V) **10**
Swell Golden Ale (VG) **10**
Chubby Unicorn Sublime Pine Spritz **11**
Chubby Unicorn Mango Spritz **11**
Brookvale Ginger Beer (VG/GF) **11**
Hills Apple Cider (VG/GF) **10**

MOCKTAILS

PINE PASSION SHERBERT - 8
Pineapple / passionfruit / lime
lemon sorbet / lemonade

GINJA NINJA - 8
Ginger beer / vanilla / lime / mint